



## **Cavan Community Exchange – April 2009 Issue 4**

*Cavan Community Forum has set up Cavan Community Exchange, an email network to enable Cavan organisations and local people to share and exchange information about activities, events, newsletters, funding opportunities taking place in County Cavan. Cavan Community Exchange will be sent out once a month. Information that people want circulated should be emailed to [kateennals@cavancoco.ie](mailto:kateennals@cavancoco.ie) who co-ordinates the list on behalf of the Cavan Community Forum by 24<sup>th</sup> of every month..*

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### **See No Evil - A Dramatic Portrayal of Elder Abuse**

The South West Cavan C.D.P. Ltd. in association with Sole Purpose Productions presents the gripping play, "**See no Evil**". This play examines the issue of elder abuse. It looks at the financial, emotional and psychological abuse. It illustrates the subtle dynamic that exists between the victim and the perpetrator and the difficulties in recognising this kind of abuse. The play will be staged in the Realtog Centre, Kilanleck, Co. Cavan on Thursday 2nd April starting at 8.00 p.m. Everyone welcome.

**For more information please contact the South West Cavan C.D.P. on 049 4336070**

### **Story Telling Session, Belturbet Railway Station, Sunday 5 April**

Cavan Community Forum is hosting a story telling session at the **Belturbet Festival on Sunday 5 April** between 3pm and 4.30pm. The festival is focussing on celebrating the railway station, so 'railway' stories will be

welcome, but also stories about local characters or other places in the West of Cavan. The Forum hopes to produce a CD out of the stories. Refreshments will be served.

**For further information, contact Kate Ennals on 0494378583 or 0863737847.**

### **Cavan Area Forum to Elect Representatives to Community Forum 21 April**

Cavan Area Forum is meeting to elect its members to the county wide Community Forum on **Tuesday 21 April at 7.30pm in the Old Reference Library**. As well as elections, there will be a short presentation on the work of the Cavan Community Forum in 2008 and the planned work for 2009.

**For further information, contact Kate Ennals on 0494378583.**

### **Road Safety Volunteers Wanted – training 8<sup>th</sup> April**

Muintir na Tire Community Alert in association with Road Safety Authority are piloting a community road safety resource in Cavan/Monaghan area. Are there any volunteer interested in doing the pilot training and follow up presentation in their own communities along with community alert volunteers.

**Training sessions have been arranged for 8<sup>th</sup> and 15<sup>th</sup> April 7.30.-**

**9.30.p.m.(venue to be confirmed)**. The resource would be of future use to

community group leaders and professionals alike and will be available nationally once pilot has been evaluated expected date September onwards.

**Further information from Vanessa Clarke Community Alert Development Officer 0866000757 0719161100 E-mail [veeceeze@hotmail.com](mailto:veeceeze@hotmail.com)**

### **Housing Information – launch 8<sup>th</sup> April**

Cavan Local Authority along with the **Action** Lone Parent Network and **OPEN** are holding a launch for the Cavan Local Authorities '*Lone Parent Housing Information Booklet*' which will take place within the **Council Chamber of the Courthouse in Cavan Town at 7pm on Wednesday 8 April 2009.**

The booklet provides clear information on the range of housing options available to lone parents such as local authority housing, affordable housing, shared ownership and the Rental Accommodation Scheme (RAS). It explains how housing needs are assessed, how the different schemes operate and what you need to do to apply for housing or a loan.

Cavan Local Authorities worked with the local lone parent network '**Action**' and the national network of one parent family support groups '**OPEN**' on the production of this booklet.

**Further information, contact [gboyle@cavancoco.ie](mailto:gboyle@cavancoco.ie)**

### **Networking for Peace**

Women's groups, multicultural groups and Protestant community organisations may be interested in a Peace Task Force that is being put together to tender for the 'networking' strand of the Cavan Peace 111 Plan. This strand will involve developing positive networking opportunities for women, protestants and ethnic minorities in Cavan to make it easier to get involved in community activities in the county. If you have any views or ideas that you think would be useful for the Peace Task Force to consider, please contact Terry Hyland at [enterprise@cavpart.ie](mailto:enterprise@cavpart.ie) These need to be collated by Friday 17 April.

### **Preparing yourself for an Interview – Practice on the 16<sup>th</sup> April.**

South West Cavan C.D.P. Ltd in association with County Cavan V.E.C. Adult Education Services are holding an information session entitled, "Preparing yourself for Interview". This information session will be held in the Realtog Centre, Kilnaleck, Co. Cavan on Thursday 16th April at 8.00 p.m. Everyone Welcome.

**For more information please contact the South West Cavan C.D.P. on 049 4336070**

### **Craft Evening. Mountnugent – Thurs 23 April**

Mountnugent ICA are holding a craft evening on Thursday 23 April 6.30pm – 8.30pm at the Community Centre in Mountnugent. There will be displays and demonstrations of knitting, patchwork, rush work, embroidery, crochet, cake decoration.

**Everyone welcome and admission is free.**

### **Ballinagh Women's Group Meetings in April**

The April meetings of the above group will take place in the Community Centre Ballinagh on **Monday 20th and Mon 27th**. On these two nights we will be making stained glass jewellery under the guidance of tutor Maura Egan from Virginia. Meeting are usually every two weeks. New members always welcome.

**For more information contact Wilma Bennet tel 0879663574**

### **2009 County Cavan Golden Mile Competition**

Do you have pride in your local rural area? Do you want to celebrate and rediscover the beauty of your local road? Do you want to explore and uncover the folklore and history of your area? Enter the Golden Mile! The aim of the competition is to encourage the preservation and maintenance of the flora and fauna, ditches, stone walls and other natural and man-made features in a safe and litter free environment.

You are invited to the 2009 Golden Mile Information Evenings with **guest speaker Mr. Neil Foulkes, a hedgerow management consultant, contractor and trainer** who has previously judged the competition.

**Tuesday 14th April, at 7:00pm**

Bailieborough Library

**Wednesday 15th April at 7:00pm**

Ballyhugh Arts & Cultural Centre, Ballyconnell

**Thursday 16th April at 7:00pm**

Johnston Central Library, Cavan

**For further details, please contact: The Heritage Office, Cavan County**

**Council Email: [acartwright@cavancoco.ie](mailto:acartwright@cavancoco.ie) Tel: 049 4378614**

### **Fundraiser For the First Children's Hospice Sat 12 April**

Ireland's First Hospice for Children which would provide care for children who have life limiting conditions or illness, and for whom curative treatment is not possible is to be set up by parents. A dinner dance featuring the Navan Swing Band is being held in Slieve Russell Hotel, Ballyconnell, Co Cavan, Easter Sunday Night 12th April 2009 @8.00pm. Tickets FOR DINNER AND DANCE from Slieve Russell Hotel or Multisound, Cavan €60 or phone Carmel on 049 43 31177. OR Come along to the Dance on the Night €20 or donations

[www.lauralynnhospice.com](http://www.lauralynnhospice.com)

### **What is the best place to visit in Cavan?**

As the Community Forum hosted its workshop on the Geo Park last week, we are asking people to go on line at [www.cavancommunity.ie](http://www.cavancommunity.ie) and let us know what they think the best place is to visit in Cavan and why. As the summer months draw close, it will be great to have ideas to offer our summer tourists to Cavan and to go on little adventures ourselves!

### **Community Facilities Audit Report**

A Community Facilities Audit Report has been produced by Community & Enterprise within Cavan County Council. The audit was carried out as a result of a recommendation from the Taskforce on Active citizenship to establish a detailed countrywide data base of information collected at local level. The Cavan report identifies the number and location of community facilities within County Cavan and includes further information on the management structures, usage and conditions of the community facilities in Cavan.

**If you would like to receive a copy of the report please contact Gráinne in the Department of Community & Enterprise on 049 4378586**

### **Regional Conference for the community & voluntary sector (Sligo)**

Date: 28<sup>th</sup> April 2009  
Venue: Sligo City Hotel  
Time: 9.30am – 4.15pm (registration from 9am)

The Wheel is hosting a series of regional conferences across Ireland during 2009, to celebrate our 10<sup>th</sup> anniversary, and to help equip you and your organisation with the latest information and thinking on the key issues facing the community and voluntary sector. The agenda will include discussion on Governance:

Surviving the Recession

Fundraising

Online Social Media

The Wheel websites

Networking

**Members of The Wheel: Free. Non-Members: €30 (refundable upon joining The Wheel) Go to [www.wheel.ie](http://www.wheel.ie) to book online**

### **Wine Tasting and Cultural Quiz**

The French culture and language club C'est Fun C'est Français is hosting a special French Wine-tasting Workshop and Cultural Quiz on Friday 3rd April 2009 at 7.30pm at the Park Hotel, Virginia. The evening's entertainment includes a French wine-appreciation and tasting, followed by a bi-lingual quiz.

French food and wine will be served throughout the evening and the evening promises an authentic French ambience. The evening is open to non-members and anyone with an interest in the French culture is welcome.

Tickets cost 10 Euros per person.

**To reserve your place or quiz table, contact Celia McClements on 049 854 36 67 or email [cfuncfrancais@gmail.com](mailto:cfuncfrancais@gmail.com) as soon as possible.**

### **Belturbet Weekend Writers Workshop - 3rd 4th and 5th of April 2009**

Writer's workshop for all types and standards of creative writing

This workshop will run in conjunction with Margaret Haire, life coach, writer and regular participant in Writer's Ink Workshops. Friday evening, Saturday

morning & Sunday morning workshops will be with Orfhlaith. Margaret will facilitate an "Unlocking Your True Potential" Workshop on the Saturday afternoon. Cost €125 incl. refreshments throughout weekend and lunch on Saturday

**Further details and booking Phone Margaret on 049 9524855 or 0876607252 [www.writersinksligo.com](http://www.writersinksligo.com) or [www.urtruepotential.com](http://www.urtruepotential.com)**

### **New Regional Arts and Entertainment Show**

A weekly Arts and Entertainment show will be launched on Shannonside Northern Sound on Wednesday March 11th. The show will be broadcast between 6-7pm. Im now interested in hearing of events and performances that are happening from 11th March onwards for consideration for items for the show. Please feel free to forward on details of anything that is happening in your area as well as a contact telephone **number** [rcooper@shannonside.ie](mailto:rcooper@shannonside.ie) , or by calling **043 49316**

### **Carmichael Centre Training and Support:**

training courses for voluntary or community groups (April)  
Good Practice for Management Committees (April 20, Galway)

<http://www.activelink.ie/ce/active.php?id=4158>

Conflict Resolution (April 23, Dublin)

<http://www.activelink.ie/ce/active.php?id=4115>

Finance for Non-Financial People (April 24, Dublin)

<http://www.activelink.ie/ce/active.php?id=3268>

Financial Reporting for Charitable Organisations (April 29, Dublin)

<http://www.activelink.ie/ce/active.php?id=3021>

Dealing with Grievance & Disciplinary (April 30, Dublin)

<http://www.activelink.ie/ce/active.php?id=3121>

### **About Fundingpoint.ie**

Fundingpoint.ie provides information on all the funding sources available to voluntary and community organisations. It provides a range of online tools for tracking down funds to support an enormous range of good causes. It also offers guidance on how to fundraise and links to a huge library of other resources. It helps funders promote their news and funding criteria. Fundingpoint.ie helps funding specialists in advising others.

**Check out [www.fundingpoint.ie](http://www.fundingpoint.ie)**

### **Katharine Howard Foundation General Grant Scheme 2009**

The Katherine Howard Foundation (KHF) is an independent grant-making foundation whose particular emphasis is on the support of community projects and initiatives. The focus of the General Grants in 2009 will be on work that aims to improve the educational and developmental outcomes for children deemed to be living in disadvantaged circumstances. This work can involve early childhood care and education, out-of-school services and / or family support services.

**Closing date for applications: 24 April 2009**

<http://www.activelink.ie/ce/active.php?id=1542>

### **Arts and Disability Awards**

The Arts and Disability Awards provide financial support for individual disabled artists living in the Republic of Ireland and Northern Ireland, working across all artforms.

Deadlines: May and November each year

<http://www.activelink.ie/ce/active.php?id=3361>

**BT Community Connections award**

Do you know a community or charitable organisation that is looking to extend its work through the use of the internet and ICT? If so, they could apply for a BT Community Connections award today. The scheme supports a diverse range of community and charitable organisations. In the past voluntary projects, silver-surfers, conservation organisations, family support groups, sports teams and youth groups have all been supported.

**Postal applications 9 June 2009 (Round One) / 5 January 2010 (Round Two). Online applications 11 June 2009 (Round One) / 7 January 2010 (Round Two)**

<http://www.activelink.ie/ce/active.php?id=1884>

**St Stephen's Green Trust grants scheme 2009**

Grants will be made to organisations working in 3 specific areas. They are homelessness, prisoners / ex-prisoners and Travellers.

There is one grants meeting in 2009.

**Deadline for receipt of applications: Friday, 11th September, 2009.**

<http://www.activelink.ie/ce/active.php?id=2317>